

VCU celebrates:
NATIONAL

OCTOBER 24, 2012

FOOD DAY™

**OCT
22**



7:00-8:30PM



"Food Justice in Our Community"

Panel Discussion

Where? 835 W. Grace St.

ASPiRE Classroom A

What? Learn about efforts to improve access to healthy food in Richmond!

**OCT
24**



7:00PM



"Fresh" Film and Discussion

Where? Commons Theater

What? Learn the perils of our current industrial food system and how to reinvent how America eats.
[www.freshthemovie.com]

"Plant Party"



12-2:00PM & 4-6:00PM

Where? Jonahs 12-2PM &
Market 810 4-6PM

Shafer Dining Center



Lunch and Dinner Menu featuring local produce and meats!

**OCT
23**



3:30-7:00PM

[4&5PM group walks from Commons Plaza]



"Eat Good Grow Great!"

Byrd House Market

Where? Cherry St & Idlewood Ave

What? 25+ vendors!

**\$10 Student
Produce Box
w/Student ID**



Film "Ingredients"



7:30PM

Where? Byrd House Market

What? Watch how farmers and chefs work to create a sustainable food system.
[www.ingredientsfilm.com]

SPONSORS [INFO: (804) 828-9355]

Byrd House Market @ William Byrd Community House

• Green Unity • VCU ASPiRE • VCU Dining Services
• VCU Office of Sustainability • VCU School of Social Work • VCU Wellness Resource Center • VCU Division of Student Affairs



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